

**Global Japan Studies
2026 Spring Semester Courses**

2026/4/1

	Mon	Tue	Wed	Thu	Fri
I 8.30 - 10.10	Psychology of the Japanese (KARASAWA Mayumi) 【C103】				
II 10.20 - 12.00					
III 12.50 - 14.30	Japanese Martial Arts: Judo (KUBOTA Hiroshi) 【Judo Hall*】	Education for Multicultural Children (YURITA Makito) 【S105】	ISEP Seminar B (MORIMOTO Ken) 【N312】	Traditional Performing Arts of Japan (Gerald Groemer) 【W301】	Cultural Diversity of Japan A (MORIMOTO Ken) 【N104】
IV 14.40 - 16.20	Contemporary Society in Japan (omnibus) 【S102】	Cultural Studies A (IHATA Takaaki) 【S407】			Lesson Study in Japan (MORIMOTO Ken) 【N102】
V 16.30 - 18.10	Introduction to Psychology (ISHIBASI Mikako) 【S305】	Cross-cultural Practice of Expressive Arts (KONDO Hiroyuki) 【N401】			

Intensive Courses

1	Aquatic Sports: Swimming (MORIYAMA Shinichiro) 【*Swimming pool, Refer to the syllabus for details of the schedule.】
2	Issues of Global Environment (NOGUCHI Fumiko) 【Refer to the syllabus for details of the schedule and venue.】

Notes on venues on the campus map

- Judo Hall (柔道場): No.309 building
- Swimming pool (プール): No.311 building
- Rooms S102, S105, etc.: C4 building
- Rooms N102, N104, etc. : C2 building



<https://www.u-gakugei.ac.jp/webimg/959025d27e2430a31d930e2d67e30228b3d3f02b.pdf>



Campus Map

- Global Japan Studies are conducted in English and anyone with proficient English skills can enroll in these courses. Please review the syllabus for each course carefully and choose any that interests you. However, the ISEP Seminar is exclusively for students enrolled in the International Student Education Program (ISEP), and other students are not allowed to take this course.
- Students may be required to pay their own expenses, such as travel fees and costs for necessary materials. Ask each instructor about an estimated amount.
- The timetable and course syllabi are available on the website of GISEC (Gakugei International Student Exchange Center).



<https://gisec-gakugei.jp>
GISEC

List of Courses

	Course title University Syllabus Page (URL)	Page in this document or University Syllabus Page (QR code)	Credits
1	ISEP Seminar B (Compulsory for ISEP students, not open to other students)	3	2
2	Lesson Study in Japan http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300001882&formatCD=1		2
3	Education for Multicultural Children http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300002028&formatCD=1		2
4	Contemporary Society in Japan http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300000632&formatCD=1		2
5	Psychology of the Japanese http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300000828&formatCD=1		2
6	Introduction to Psychology http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300002068&formatCD=1		2
7	Cultural Studies A http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300000470&formatCD=1		2
8	Cultural Diversity of Japan A http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300001890&formatCD=1		2
9	Issues of Global Environment http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300001800&formatCD=1		2
10	Traditional Performing Arts of Japan http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300001878&formatCD=1		2
11	Cross-cultural Practice of Expressive Arts http://tgusyl.u-gakugei.ac.jp/ext_syllabus/referenceDirect.do?noLogin=on&subjectID=241300002518&formatCD=1		2
12	Japanese Martial Arts - Judo	4	1
13	Aquatic Sports -Swimming	5	1

Course title	ISEP Seminar B
Instructor	MORIMOTO Ken
Aim and learning goals	This course aims to develop students' ability to engage critically and ethically with the world through a self-directed study of Japanese culture and will: <ul style="list-style-type: none"> ▪ Cultivate a deeper understanding and appreciation for Japan. ▪ Encourage intellectual curiosity, independence, and sustained research.
Description	This course is compulsory and only available to students enrolled in ISEP (International Student Education Program). Students pursue self-directed study projects under the guidance of academic advisors. In-class discussions and presentations will facilitate the collaborative development of ideas and their communication. Topics of study based on students' personal interests may include, but are not limited to, social and global issues, culture, and education in Japan. Students will learn the basics of research design, develop a focused research topic, engage critically with relevant literature, and create a research report. Workshops by guest teachers and fieldwork trips will also be conducted to broaden students' perspectives on Japanese society and culture.
Textbooks	Not required.
Relevant readings	Students are expected to seek out their own relevant reading materials.
Assessment and grading	Weekly assignments, including class preparations, presentations, and reports: 100%
Schedule	<ol style="list-style-type: none"> 1. Introduction to research design 2. Selecting a methodology 3. Research proposal presentations 4. Individual study – Literature review ① 5. Individual study – Literature review ② 6. Individual study – Fieldwork & data collection ① 7. Individual study – Fieldwork & data collection ② 8. Reflection on literature and fieldwork 9. Individual study – Data analysis and review ① 10. Individual study – Data analysis and review ② 11. Individual study – Preparation of final report 12. Preparation for final presentation 13. Final presentation 14. Reflection and discussion of activities
Additional self-study	Students are expected to work independently on their individual study projects.
Keywords	Japanese culture and society, independent research, fieldwork
Notes	The schedule may change under the instructor's discretion.
Message for students	This course is an opportunity to deepen understanding of Japanese culture and society in an area of your interest.

Course title	Japanese Martial Arts - Judo
Instructor	KUBOTA Hiroshi
Aim and learning goals	In this course, students will come to understand some fundamental techniques of Judo.
Description	This lesson is designed for beginners. You will learn Japanese traditional behavior through practicing Judo: how to put on Kimono, walk on Tatami, make Japanese bow, etc. You will also come to understand some fundamental techniques of Judo. Simultaneously, we will consider the educational implication of Judo.
Textbooks	No specific textbook is required.
Relevant readings	
Assessment and grading	The attendance attitude 60% Judo skill test 20% Report 10%
Schedule	<ol style="list-style-type: none"> 1) Orientation 2) History and characteristics of Judo 3) Fundamental skills (Ukemi, Taisabaki, etc.) 4) Throwing techniques [Nage waza] (part 1) 5) Throwing techniques (part 2) 6) Throwing techniques (part 3) 7) Groundwork techniques [Katame waza] (part 1) 8) Groundwork techniques (part 2) 9) Groundwork techniques (part 3) 10) Forms for throw (formal exercise, part 1) 11) Forms for self-defense (formal exercise, part 2) 12) Practical techniques (combinations) 13) Practical techniques (counter attack) 14) Skill tests and evaluation
Additional self-study	
Keywords	<i>Kano Jigoro</i> , JUDO
Notes	
Message for students	

Course title	Aquatic Sports - Swimming
Instructor	MORIYAMA Shin-Ichiro
Aim and learning goals	This course aims to have students learn how to swim according to the official rules and understand the water safety.
Description	<p>This is a course designed for beginners, however, competitive swimmers are also welcome. The class will be conducted in accordance with the individual swimming skill level. This is an intensive course held on Saturday afternoons from mid-June (June 13) to late-July (July 25). Pre-course guidance (including the location and meeting time for the first class) will be provided individually by email.</p> <p>Learning objectives are as follows.</p> <ul style="list-style-type: none"> ● Be able to demonstrate improved skill performance in swimming strokes (front crawl, backstroke, breaststroke and butterfly stroke) including breathing during swimming. ● Be able to swim faster and more beautifully. ● Be able to understand water safety. <p>What you need to prepare: A swimsuit, towels, and goggles, a T-shirt, writing materials and beach sandals (recommended, as the poolside can become very hot; outdoor footwear is not permitted). If you have questions, feel free to contact the instructor by email or visiting his office.</p>
Textbooks	No specific textbook is required.
Relevant readings	To be introduced in class suitably.
Assessment and grading	Swimming skill test (30%) and a fraction of in-class contribution attitude (including class attendance) in class (70%)
Schedule	<p>Tentative (To be confirmed in the first class) Classes will be held in the afternoon on Saturdays (approximately 3rd and 4th periods). The introductory guidance will be provided for individually by email. Please email the instructor by April 24th if you are interested in participating in this course. Email: moriyama@u-gakugei.ac.jp</p> <ol style="list-style-type: none"> 1. (June 13) Lecture for swimming at the lecture room and review students' swimming stroke skills in the swimming pool. 2. (June 20) Practice floating in the prone position from the wall and freestyle leg kick. 3. (June 20) Practice freestyle leg kick and arm stroke. 4. (June 27) Practice floating in the spine position from the wall and backstroke leg kick. 5. (June 27) Practice backstroke leg kick and arm stroke. 6. (July 4) Practice breaststroke leg kick and arm stroke 7. (July 4) Practice butterfly leg kick and arm stroke 8. (July 11) Combine all strokes and turn. 9. (July 11) Review students' swimming stroke skills. 10. (July 18) Practice swimming with fully-clothed 11. (July 18) Practice aquatic sports (1) ※ 12. (July 25) Practice aquatic sports (2) ※ 13. (July 25) Performance exam <p>※Some sessions may be conducted in collaboration with a sports fitness class for Japanese collegiate students.</p>
Additional self-study	Watching web sites for swimming technique.
Keywords	Swimming, fully-clothed
Notes	<p>In case you have some health problem, you need to submit a medical certificate that describes your health condition as well as doctor's permission for swimming.</p> <p>The schedule may change depending on the weather.</p>
Message for students	<p>Let's enjoy swimming!</p> <p>Remove accessories and wrist watches for your safety and other's safety.</p>